Hasil Analisis

**Hasil**

1. Uji normalitas

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| **One-Sample Kolmogorov-Smirnov Test** | | | |
|  |  | WLB | PWB |
| N | | 250 | 250 |
| Normal Parametersa,,b | Mean | 45.67 | 89.98 |
| Std. Deviation | 6.519 | 11.907 |
| Most Extreme Differences | Absolute | .265 | .246 |
| Positive | .265 | .246 |
| Negative | -.153 | -.145 |
| Kolmogorov-Smirnov Z | | 4.187 | 3.275 |
| Asymp. Sig. (2-tailed) | | .000 | .000 |
| a. Test distribution is Normal. | | | |
| b. Calculated from data. | | | |

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| **Reliability Statistics Work-life balance** | |
| Cronbach's Alpha | N of Items |
| .860 | 17 |

1. Uji reliabilitas

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| **Reliability Statistics Psychological well-being** | |
| Cronbach's Alpha | N of Items |
| .895 | 35 |

1. Uji validitas

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| **Item-Total Statistics** | | |
|  | Corrected Item-Total Correlation |
| WLB 1 | .629 |
| WLB 2 | .582 |
| WLB 3 | .340 |
| WLB 4 | .347 |
| WLB 5 | .549 |
| WLB 6 | .637 |
| WLB 7 | .552 |
| WLB 8 | .314 |
| WLB 9 | .571 |
| WLB 10 | .539 |
| WLB 11 | .472 |
| WLB 12 | .371 |
| WLB 13 | .456 |
| WLB 14 | .360 |
| WLB 15 | .422 |
| WLB 16 | .445 |
| WLB 17 | .499 |

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| **Item-Total Statistics** | | |
|  | Corrected Item-Total Correlation |
| PWB 1 | .269 |
| PWB 2 | .511 |
| PWB 4 | .277 |
| PWB 5 | .365 |
| PWB 6 | .545 |
| PWB 8 | .256 |
| PWB 9 | .567 |
| PWB 10 | .349 |
| PWB 11 | .483 |
| PWB 12 | .356 |
| PWB 13 | .285 |
| PWB 14 | .647 |
| PWB 15 | .437 |
| PWB 16 | .332 |
| PWB 17 | .543 |
| PWB 18 | .612 |
| PWB 19 | .511 |
| PWB 20 | .380 |
| PWB 21 | .693 |
| PWB 22 | .368 |
| PWB 24 | .500 |
| PWB 25 | .426 |
| PWB 27 | .581 |
| PWB 28 | .518 |
| PWB 29 | .449 |
| PWB 30 | .581 |
| PWB 31 | .553 |
| PWB 32 | .296 |
| PWB 33 | .397 |
| PWB 34 | .532 |
| PWB 35 | .471 |

1. Hasil uji linieritas

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| **ANOVA Table** | | | | | | | |
|  | | | Sum of Squares | df | Mean Square | F | Sig. |
| PWB \* WLB | Between Groups | (Combined) | 29921,039 | 25 | 1196,842 | 39,117 | 0,000 |
| Linearity | 26044,209 | 1 | 26044,209 | 851,209 | 0,000 |
| Deviation from Linearity | 3876,830 | 24 | 161,535 | 5,279 | 0,000 |
| Within Groups | | 6853,665 | 224 | 30,597 |  |  |
| Total | | 36774,704 | 249 |  |  |  |

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| 1. Hasil uji korelasi Spearman's rho | | | | | | | |
|  | | | | *work-life balance* | | *psychological well-being* | |
| Spearman's rho | *work-life balance* | Correlation Coefficient | 1.000 | | .595\*\* | |
| Sig. (2-tailed) | . | | .000 | |
| N | 250 | | 250 | |
| *psychological well-being* | Correlation Coefficient | .595\*\* | | 1.000 | |
| Sig. (2-tailed) | .000 | | . | |
| N | 250 | | 250 | |

1. Hasil statistik deskriptif

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| **Descriptive Statistics** | | | | | |
|  | N | Minimum | Maximum | Mean | Std. Deviation |
| *Work-life balance* | 250 | 35 | 66 | 45.67 | 6.519 |
| *Psychological well-being* | 250 | 81 | 131 | 96.07 | 12.153 |
| Valid N (listwise) | 250 |  |  |  |  |

1. Kategori variabel

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| ***Work-life balance*** | | | | |
|  | | Frequency | Percent |
| ***Work-life balance*** | Rendah | 10 | 4% |
| Sedang | 200 | 80% |
| Tinggi | 40 | 16% |
| Total | 250 | 100% |

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| ***Psychological well-being*** | | | | |
|  | | Frequency | Percent |
| ***Psychological well-being*** | Rendah | 5 | 2% |
| Sedang | 199 | 79.6% |
| Tinggi | 46 | 18.4% |
| Total | 250 | 100% |